



PROTECTIVE FACTORS

Build Supportive Communities
& Strong Families

www.mechildrenstrust.org

THE PROTECTIVE FACTORS STRENGTHEN ALL OF US

The Protective Factors Framework is a strength-based approach developed by the Center for the Study of Social Policy. Protective factors are conditions that, when present in families and communities, increase the well-being of children and families and reduce the effects of stressful life events. Identifying protective factors helps parents find resources, supports, and coping strategies that allow them to parent more effectively—even under stress. Protective Factors give us a framework to build the resources, services, and supports families need to strengthen our communities.



THE 5 PROTECTIVE FACTORS

- 1 Parental Resilience** - Building Inner Strength
- 2 Concrete Supports** - Knowing How to Find Help
- 3 Social Connections** - Connecting with Others
- 4 Knowledge of Child Development** – Parenting as Children Grow
- 5 Social-Emotional Competency of Children** – Understanding Children’s Emotions

To learn more about the Protective Factors, contact a Prevention Council near you: www.mechildrenstrust.org/eventsearch.asp