

# IT'S MY PARTY

You know the song. "It's my party, and I'll cry if I want to..." For the first few months of a baby's life it *IS* their party, and even 5 hours a day of crying can be totally normal.

This hat is worked top down beginning with an umbilical cord (I-Cord). At first the tears (eyelets) are close together, but as the hat grows they get further and further apart. At the end it's smooth sailing with a few inches of stockinette stitch.



This hat was designed to support the "Click for Babies" Period of Purple Crying © campaign, sponsored by the Legacy Emanuel Children's Hospital Child Safety Program, the Children's Trust Fund of Oregon Foundation, and the National Center on Shaken Baby Syndrome.

This project seeks to spread awareness about the Period of Purple Crying © - the first five months of life when the amount of infant crying can become frustrating and overwhelming to caregivers. The ultimate goal is to prevent Shaken Baby Syndrome. For more information please visit [www.dontshake.org](http://www.dontshake.org).



**Yarn:** apx 70 yards DK or light-worsted weight yarn. Sample shown in Jojoland Tonic (85% acrylic, 15% wool; 220yd per 100gr skein), color AW192.

**Gauge:** 5 sts = 1 inch in stockinette.

**Needles:** US #8/5mm needles (or size needed to get gauge) for your preferred method of knitting in the round - either DPNs, two circulars, or magic loop.

**Notions:** Stitch markers (optional).

**Skill level:** Beginner.

**Size/Finished measurements:** Newborn - apx 12" circumference and 5.5" tall.

Photos by Vivian Aubrey. Modeled by Astrid, age 5 weeks. Test knit by Emily's mommy, Carol. The Period of Purple Crying © is a registered trademark of Ronald G. Barr, MDCM and the National Center on Shaken Baby Syndrome.

## Abbreviations

K - Knit.

KFB - Knit into front and back of stitch (one stitch increased).

P - Purl.

St(s) - Stitch(es).

YO - Yarn over. Wrap yarn around right needle (one stitch increased). For a YO between two knits, as here, start with yarn in back of work, bring yarn to front between needles, then over the right needle and to the back of the work.

## Techniques

**I-Cord:** I-Cord is fancy knitting lingo for a very small number of stitches knit in the round. In fact, the number of stitches is so small that you can work them in a special, easier way.

Cast on specified number of stitches. Using two double-pointed needles, knit the first row.

\* Stitches will be on the left end of your needle.

Push them to the right end of that same needle. Your working yarn is now on the left edge of your work. Pull yarn across back of work to knit the first stitch of the row as usual. Knit row. \* Repeat between stars.

## Instructions

Cast on 4 sts. Work I-Cord for 6". Position sts for preferred method of knitting in the round. Place marker to indicate beginning of round.

Round 1 - KFB four times. (8 sts)

Round 2 - (YO, KFB, K1) four times. (16 sts)

Round 3 and all following odd # rounds - Knit.

Round 4 - (YO, KFB, K3) four times. (24 sts)

Round 6 - (YO, KFB, K5) four times. (32 sts)

Round 8 - (YO, KFB, K7) four times. (40 sts)

Round 10 - (YO, KFB, K9) four times. (48 sts)

Round 12 - (YO, KFB, K11) four times. (56 sts)

Next, work in plain stockinette (knit all sts) until hat measures 6.5". The brim will roll leaving a finished height of around 5.5".

Bind off *very loosely*. Weave in ends and block as desired. Tie I-Cord at top of hat into a bow.

